Does Microneedling Hurt More Than You Expect?

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I booked microneedling for next month and now I'm second-guessing it. My cousin said it felt like light scratching and she was fine, but another friend said the forehead area made her eyes water. I have a low pain threshold, so I want honest views before I go ahead. I've seen Rejuvenate Clinic Hinckley mentioned in a local thread when someone asked about numbing cream, and I've also read that chemical peels Hinckley treatments can sting more than needling, though that seems to depend on the person. Can anyone share what the first few minutes actually feel like, whether numbing helps much, and how you felt the day after?

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